

Going Places Travel Pte Ltd

日航旅游私人有限公司

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8D7N SRI LANKA TOUR 14 – 21 Sep 2025

HOTELS						
DAY	DATE	CITY	HOTELS 4*			
1	14 th Sep	Colombo	Fairway			
2	15 th Sep	Dambulla	Tropical Life			
3	16 th Sep	Kandy	Topaz			
4	17 th Sep	Nuwaraeliya	Araliya Red / Mirage			
5	18 th Sep	Kalutara	Tangerine Beach			
6	19 th Sep	Colombo	Fairway			
7	20 th Sep	Colombo	Fairway			
8	21 st Sep		Departure			

AIR LANKA FLIGHT SCHEDULES							
DATE	FLIGHT NO.	DESTINATION	DEP. TIME	ARR. TIME			
14 th Sep 2025	UL 307	SIN / CMB	09.45	11.05			
21 st Sep 2025	UL 308	CMB / SIN	12.15	18.55			
AIR TICKETS ARE SUBJECT TO AVAILABILITY							



PROPOSED ITINERARY

DAY 01 (14 SEPT) - SINGAPORE TO COLOMBO (LUNCH / DINNER)

Upon arrival at Bandaranaike International Airport, meet and greet our local tour guide. Transfer to the vibrant capital city of **Colombo**. Enjoy lunch at a local restaurant featuring traditional Sri Lankan flavours. Check in hotel.

In the afternoon, unwind on the beautiful **Colombo beach**, feel the ocean breeze, or try your luck at one of the city's popular **casinos** for a touch of excitement.

Dinner will be served at a local restaurant.



Dinner & Overnight stay in Colombo

DAY 02 (15 SEPT) - COLOMBO - PINNAWELA - DUMBULLA (200kms - 5 hours) (BREAKFAST / LUNCH / DINNER

After breakfast at the hotel, travel to **Pinnawala Elephant Orphanage**, where you can observe elephants up close—watch them bathe in the river and interact with their keepers. Then continue to **Dambulla** to explore the world-famous **Dambulla Cave Temple**, a UNESCO World Heritage Site. Carved into a vast granite outcrop, the temple complex features five cave shrines adorned with over 150 Buddha statues, colourful murals, and relics, some dating back over 2,000 years.

Lunch will be served at a local restaurant en route. After the temple visit, check into your hotel in Dambulla for dinner.

Dinner & Overnight stay in Dambulla



DAY 03 (16 SEPT) - DUMBULLA - SIGIRIYA - MATALE - KANDY (95 kms - 2 hours) (BREAKFAST / LUNCH / DINNER)



After an early breakfast, depart for a short drive to **Sigiriya** for a photo stop. This iconic site is a UNESCO World Heritage Site known as the "**Fortress in the Sky**", or **Lion Rock**, a 5th-century palace built atop a 600-foot rock. Though we won't be climbing the rock, you'll have time to admire its grandeur and take photographs from a scenic viewpoint.

Next, head towards **Kandy**, with a stop in **Matale** to visit a **Spice Garden**. Here, you'll enjoy a guided walk through fragrant spice groves—learn about the cultivation of cinnamon, pepper, nutmeg, and other spices, followed by a **Sri Lankan cooking demonstration**. Lunch will be served on-site featuring dishes made from those fresh ingredients.

Upon arrival in Kandy, embark on a city tour that includes the sacred **Temple of the Tooth Relic (Sri Dalada Maligawa)**, one of the holiest Buddhist temples in the world. Explore nearby historical landmarks including the Royal Palace grounds, Kandy Lake, and the charming city streets.

In the evening, attend a captivating **Kandyan cultural dance performance**—a vibrant display of traditional Sri Lankan music, drumming, and even **fire-walking**.

Visit a **gem museum, silk shop**, and **wood carving factory** to see local craftsmanship in action. Check in hotel.

Dinner & Overnight stay in Kandy

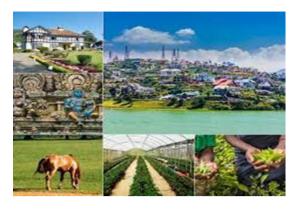






DAY 04 (17 SEPT) – KANDY – NUWARA ELIYA (78 kms about 2.5 hours) (BREAKFAST / LUNCH / DINNER)

After enjoying breakfast at the hotel, the day begins with a scenic train ride from Kandy to Nuwara Eliya, offering stunning views of Sri Lanka's lush hills, tea plantations, and cascading waterfalls. Upon arrival in Nuwara Eliya, a guided city tour reveals the charm of this quaint town, often referred to as the "Little England" of Sri Lanka. Nestled amidst misty



mountains and verdant valleys, the town exudes a distinctly British character, evident in its colonial architecture, such as Queen Anne-style mansions and quaint country cottages.

Lunch is served at a local restaurant, allowing a taste of regional cuisine. Nuwara Eliya stands out as one of the coolest regions on the island, reminiscent of an English spring day, though temperatures drop at night. Uniquely, it experiences seasonal changes marked by blooming flowers in spring and autumn—an unusual feature for tropical Sri Lanka. These seasons attract visitors from the lowlands seeking relief from the heat and humidity.

After exploring the town, guests check into their hotel for some rest. The day concludes with dinner and an overnight stay in Nuwara Eliya, offering a relaxing end to a day filled with scenic beauty, cultural insights, and colonial charm.

Dinner & Overnight stay in Nuwaraeliya

DAY 05 (18 SEPT) – NUWARA ELIYA – KALUTARA (BREAKFAST / LUNCH / DINNER)

After enjoying breakfast at the hotel, the journey continues toward **Kalutara with** several scenic and cultural stops along the way. The first highlight is a visit to the beautiful **Ramboda Waterfalls**, a perfect spot for capturing memorable photos. Following this, travellers stop at a **Hanuman Temple**, offering a glimpse into Sri Lanka's spiritual heritage, before heading to one of the country's famous **tea plantations and tea factories**.

Sri Lanka is renowned as one of the world's leading tea producers, and the central hill country offers an ideal setting to witness this industry firsthand. The vast tea plantations stretch over rolling hills, creating a picturesque landscape. Visitors

learn about the tea-making process, from leaf plucking to drying and packaging, gaining insight into how the **world-famous Ceylon tea** is crafted. There's also the

opportunity to taste and purchase freshly made tea. This immersive excursion lasts around 45 minutes.

The journey then resumes with a stop for lunch at a local restaurant, offering a taste of regional cuisine. Upon arrival in Kalutara, guests check in to the hotel. The day concludes with **dinner and an overnight stay in Kalutara**, wrapping up a day rich in nature, culture, and authentic Sri Lankan experiences.



DAY 06 (19 SEPT) – KALUTARA – GALLE – COLOMBO (BREAKFAST / LUNCH / DINNER)

After breakfast at the hotel in Kalutara, visit the Kosgoda Turtle Hatchery. This conservation centre shelters five species of sea turtles, including the Green, Hawksbill, Loggerhead, Leatherback, and Olive Ridley turtles. Eggs purchased from local villagers are incubated and hatched in protected sandy pens. The hatchery, established with support from the



Hasselblad Estate, has successfully released over 1.75 million turtles into the ocean.

Next, a serene mangrove boat ride along the Madu River offers a peaceful 1.5 - hour experience amidst lush ecosystems and water-bound landscapes.

Lunch is served at a local restaurant before heading to Galle Fort, a UNESCO World Heritage Site rich in colonial history. Originally built by the Portuguese, the fort was extensively developed by the Dutch in the 17th century. Notable features include double ramparts, a tidal drainage system, and the old city gate marked by Dutch and British coats of arms. This historic fortification reflects Sri Lanka's strategic maritime past. Afterward, travellers will witness the famous stilt fishermen in Weligama—an iconic image of Sri Lanka's coastal culture.

DAY 07 (20 SEPT) - COLOMBO (BREAKFAST / LUNCH / DINNER)

Your day in Colombo begins with a hearty breakfast at the hotel, preparing you for an exciting city tour. The journey takes you through key landmarks. starting with the **historic Fort, a colonial-era** trading hub and Pettah, a bustling marketplace filled with vibrant street vendors. Next, explore Sea Street, famous for its goldsmith shops and Hindu temples, and visit Kayman's Gate, a remnant of Dutch colonial rule. The tour continues with a visit to the Colombo Museum, home to a vast collection of Sri Lanka's cultural heritage, followed by the Natural History Museum showcasing the island's diverse flora and fauna. Moving on, you'll see the BMICH (Bandaranaike Memorial International Conference Hall), a prominent convention center, and the iconic Independence Square, a national monument commemorating Sri Lanka's freedom from colonial rule. After a morning of sightseeing, enjoy a delightful lunch at a local restaurant. Postlunch, you'll visit a Colombo casino, where you can try your luck by exchanging \$100 for noncashable chips, granting access to complimentary drinks and food. In the evening, you'll be picked up for a special Sri Lankan crab dinner at a renowned Chinese restaurant. Finally, return to your hotel for a wonderful night filled with memories of today's city tour.









Overnight stay at Fairway – Colombo





DAY 08 (21 SEPT) - COLOMBO - SINGAPORE (BREAKFAST)

After breakfast, the morning is free for personal time before the transfer to Colombo International Airport for the return flight to Singapore. This final day marks the end of an enriching journey filled with cultural, natural, and historical highlights.

INCLUSIONS

- 🖶 Air Tickets by Air Lanka with 25 kgs check in baggage
- 07 Nights stay in hotels specified above.
- 🖶 All Transport Transfers
- Meet and Greet at the Airport
- Meals on FB basis (Starting with Day 01 Lunch and Ending with Breakfast on Day 08 – Lunches at local Restaurants)
- Transportation in an Air-Conditioned Coach.
- Service of an English speaking National Tour Guide
- ♣ Entrance Fees to the sites namely:
 - Dambulla Rock Cave Temple.
 - o Pinnawela Elephant Orphanage
 - Kandy Temple of the Tooth Relic.
 - Cultural Dance show
 - o Turtle Hatchery Visit
 - Madu river boat ride
 - o Train Tickets from Kandy to Nuwara Eliya

EXCLUSIONS

- Casino Entrance Fees
- Visa, if required
- All Personal Expenses
- Entrance Fees not specified above
- 🖶 Additional Optional Tours
- Entry visa fees www.eta.gov.lk please visit the site.

以下是您提供行程的中文翻译:

第一天(9月14日) - 新加坡 + 科伦坡(午餐/晚餐)

抵达班达拉奈克国际机场后,与我们的当地导游会合。随后前往斯里兰卡充满活力的首都——科伦坡。于当地餐厅享用融合斯里兰卡传统风味的午餐。之后办理酒店入住。

下午,可前往美丽的科伦坡海滩放松,感受海风,也可以前往市内知名赌场试试运气,体验一丝刺激与娱乐。晚餐将在当地餐厅享用。

晚餐及住宿:科伦坡

第二天(9月15日)-科伦坡-平纳瓦拉-丹布拉

(200公里,约5小时车程)(早餐/午餐/晚餐)

酒店享用早餐后,前往平纳瓦拉大象孤儿院,近距离观察大象在河中洗澡,与饲养员互动。随后继续前往丹布拉,参观闻名世界的丹布拉石窟寺,这是一处联合国教科文组织世界遗产。庙宇建于巨大花岗岩之中,由五个洞穴组成,内有 150 多尊佛像、色彩斑斓的壁画与文物,有些可以追溯到 2000 多年前。

午餐在途中当地餐厅享用。参观完石窟寺后,入住丹布拉酒店并享用晚餐。

晚餐及住宿: 丹布拉

第三天(9月16日)-丹布拉-锡吉里耶-马塔莱-康提

(95公里,约2小时车程)(早餐/午餐/晚餐)

清晨出发前往锡吉里耶。

锡吉里耶是联合国教科文组织列为世界遗产的"空中堡垒",也称为狮子岩。这座 5 世纪的宫殿建在高达 600 英尺的巨岩上,原有一尊巨大的狮子雕像矗立在入口处。山顶仍可见皇宫遗址、水池和守卫室等建筑基础。部分阶梯处保留着已知最早的壁画之一。

早餐后启程前往锡吉里耶,虽不攀登狮子岩,但将在风景观景点停留拍照,欣赏其雄伟景色。

接着前往康提,途中在马塔莱参观香料园。由导游带领漫步香料林,了解肉桂、胡椒、豆蔻等香料的种植过程,并欣赏斯里兰卡料理示范。午餐于香料园内享用,品尝以新鲜香料制作的美食。

抵达康提后展开城市观光,参观著名的佛牙寺(斯里兰卡最神圣的佛教圣地之一),以及王宫遗址、康提湖和市区街道。

傍晚欣赏康提传统文化舞蹈表演,包括鼓乐和火上行走等精彩节目。随后参观宝石博物馆、丝绸店与木雕工厂,了解当地精湛手工艺。之后入住酒店。

晚餐及住宿: 康提

第四天(9月17日)-康提-努瓦拉埃利亚

(78公里,约2.5小时车程)(早餐/午餐/晚餐)

早餐后,搭乘风景优美的火车前往努瓦拉埃利亚。沿途欣赏斯里兰卡连绵起伏的山丘、茶园与瀑布景致。抵达后展开市区导览,探索这座有"小英格兰"之称的高原小镇,感受英伦风情与殖民建筑,如皇后安妮风格的别墅与田园小屋。

午餐于当地餐厅享用,品尝当地风味。努瓦拉埃利亚气候凉爽,宛如英国春日,夜间尤为清凉。该地四季分明,春秋季节花卉盛开,别具热带岛国罕见的魅力,也吸引低地居民前来避暑。

市区游览后,办理入住酒店,晚餐后休息。

晚餐及住宿:努瓦拉埃利亚

第五天(9月18日)-努瓦拉埃利亚-卡卢特勒 (早餐/午餐/晚餐)

酒店早餐后,前往卡卢特勒,中途安排多个自然与文化景点参观。首先造访拉姆博达瀑布,适合拍照留念。之后参观哈努曼庙,感受斯里兰卡的宗教文化。

接着前往著名的茶园与茶厂,深入了解锡兰茶的采摘、干燥与包装过程。山间茶园风景如画,是观赏与摄影的绝佳场所。旅客还可品尝现制茶饮并购买茶叶。此行程约为45分钟。

午餐于途中当地餐厅享用。抵达卡卢特勒后办理入住酒店。晚上享用晚餐,结束一天的旅程。

晚餐及住宿:卡卢特勒

第六天 (9月19日) - 卡卢特勒 - 加勒 - 科伦坡 (早餐/午餐/晚餐)

早餐后前往科斯戈达海龟孵化场,了解五种海龟(绿蠵龟、玳瑁、红海龟、革龟与奥利弗丽龟)的保护工作。孵化场通过购买村民采集的蛋加以孵化,目前已成功放归逾 175 万只海龟。

随后前往马杜河参加红树林游船活动(约 1.5 小时),体验水路生态的宁静之美。午餐后,游览联合国教科文组织世界遗产——加勒古堡。该堡最初由葡萄牙人修建,17世纪由荷兰人扩建,具有双层城墙、排水系统与古城门,门上刻有荷兰与英国徽章,展现斯里兰卡的海上战略历史。

接着前往韦利格默,观看著名的"高跷渔夫"捕鱼情景,是斯里兰卡海岸文化的代表性画面。

晚餐及住宿: 科伦坡 Fairway 酒店

第七天 (9月20日) - 科伦坡 (早餐/午餐/晚餐)

早餐后展开科伦坡城市之旅。首先造访老城区 Fort 与佩塔(Pettah)市场,体验当地集市热闹氛围。接着前往黄金街 Sea Street 与印度庙,参观殖民时期遗迹——凯曼门(Kayman's Gate)。

随后参观科伦坡国家博物馆与自然历史博物馆,深入了解斯里兰卡的文化与自然遗产。之后参观班达拉奈克国际会议中心(BMICH)与独立广场,感受斯里兰卡脱离殖民统治的重要时刻。

中午在当地餐厅享用午餐。午餐后前往科伦坡赌场,使用 100 美元兑换不可兑现筹码,可享免费饮品与餐点。

晚上享用特色斯里兰卡螃蟹大餐,地点为知名中餐厅。餐后返回酒店休息。

住宿: 科伦坡 Fairway 酒店

第八天 (9月21日) - 科伦坡 → 新加坡 (早餐)

早餐后,上午自由活动,随后前往科伦坡国际机场,搭乘返程航班回到新加坡,结束本次充满文化、自然与历史的精彩旅程。